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| 1000px-Coat_of_arms_of_Tanzania | **THE UNITED REPUBLIC OF TANZANIA**  MINISTRY OF HEALTH, COMMUNITY  **MUHIMBILI NATIONAL HOSPITAL**  **MLOGANZILA** | D:\Junior\MNH\Website\mnhlogo.png |

**ICU TRAINING TIME TABLE**  **(02.02.2026 TO 04.03.2026)**

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| **TIME /DAY** | **08:00 am to 10:00** | **10:00am to 10:30 am** | **10:30am to 12:30 pm** | **12:30pm to 1:30 pm** | **1:30pm to 3:00 pm** | **2:00pm to 4:00 pm** | **4:00pm to 5:00 pm** |
| **Monday**  **02.02.2026** | ARRIVAL | Tea break | Orientation | Orientation | Lunch break | Meeting | **Meeting** |
| **Tuesday**  **03.02.2026** | PRE IPT | Tea break | PRE IPT | PRE IPT | Lunch break | PRE IPT | PRE IPT |
| **Wednesday**  **04.02.2026** | RS EBP Theory | Tea Break | RS EBP Theory | Lunch Break | RS EBP Theory | RS EBP Theory | RS EBP theory |
| **Thursday**  **05.02.2026** | RS EBP DEMONSTRATION | Tea Break | RS EBP DEMONSTRATION | Lunch Break | IPT ASPT Theory | IPT ASPT Theory | IPT ASPT Theory |
| **Friday**  **06.02.2026** | IPT ASPT Theory | Tea Break | IPT ASPT Theory | Lunch Break | IPT ASPT Theory | IPT ASPT Theory | IPT ASPT Theory |
| **Monday**  **09.02.2026** | IPT ASPT Practical | Tea Break | IPT ASPT Practical | Lunch Break | IPT ASPT Practical | IPT ASPT Practical | IPT ASPT Practical |
| **Tuesday**  **10.02.2026** | IPT ASPT Practical | Tea Break | IPT ASPT Practical | Lunch Break | IPT ASPT Practical | IPT ASPT Practical | IPT ASPT Practical |
| **Wednesday**  **11.02.2026** | IPT MV | Tea Break | IPT MV | Lunch Break | IPT MV | IPT MV | IPT MV |
| **Thursday**  **12.02.2026** | IPT MV | Tea Break | IPT MV | Lunch Break | IPT MV | IPT MV | IPT MV |
| **Friday**  **13.02.2026** | PH ELSD | Tea Break | PH ELSD | Lunch Break | PH ELSD | PH ELSD | PH ELSD |
| **Monday**  **16.02.2026** | IPT ICPT | Tea Break | IPT ICPT | Lunch Break | IPT ICPT | IPT ICPT | IPT ICPT |
| **Tuesday**  **17.02.2026** | IPT ICPT | Tea Break | IPT ICPT | Lunch Break | IPT ICPT | IPT ICPT | IPT ICPT |
| **Wednesday**  **18.02.2026** | PT CHT PRACTICALS | Tea Break | PT CHT PRACTICALS | Lunch Break | PT CHT PRACTICALS | PT CHT PRACTICALS | PT CHT PRACTICALS |
| **Thursday**  **19.02.2026** | PT CHT PRACTICALS | Tea Break | PT CHT PRACTICALS | Lunch Break | PT CHT PRACTICALS | PT CHT PRACTICALS | PT CHT PRACTICALS |
| **Friday**  **20.02.2026** | PT CHT PRACTICALS | Tea Break | PT CHT PRACTICALS | Lunch Break | PT CHT PRACTICALS | PT CHT PRACTICALS | PT CHT PRACTICALS |
| **Monday**  **23.02.2026** | IPT EHT | Tea Break | IPT EHT | Lunch Break | IPT EHT | IPT EHT | IPT EHT |
| **Tuesday**  **24.02.2026** | IPT EHT | Tea Break | IPT EHT | Lunch Break | IPT EHT | IPT EHT | IPT EHT |
| **Wednesday**  **25.02.2026** | IPT EHT | Tea Break | IPT EHT | Lunch Break | IPT EHT | IPT EHT | IPT EHT |
| **Thursday**  **26.02.2026** | IPT EHT | Tea Break | IPT EHT | Lunch Break | IPT EHT | IPT EHT | IPT EHT |
| **Friday**  **27.02.2026** | IPT POT | Tea Break | IPT POT | Lunch Break | IPT POT | IPT POT | IPT POT |
| **Monday**  **02.03.2026** | IPT POT | Tea Break | IPT POT | Lunch Break | IPT POT | IPT POT | IPT POT |
| **Tuesday**  **03.03.2026** | IPT POT | Tea Break | IPT POT | Lunch Break | IPT POT | Post course evaluation | Closure and Departure |
| **04.03.2026** | POE IPT | Tea break | POE IPT | Lunch break | Post course Evaluation | Remarks from DED/ED | Certificates & Departure |

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| **SN** | **TOPICS** | **CODE** |
| **1** | **ASSESSMENT PROTOCALS** | **IPT ASPT** |
| **2** | CHEST PHYSIOTHERAPY | **IPT CHT** |
| **3** | EVIDENCE BASED PRACTICE | **RS EBP** |
| **4** | INTENSIVE CARE PROTOCALS & MANAGEMENT | **IPT ICPT** |
| **5** | MECHANICAL VENTILATION | **IPT MV** |
| **6** | EMERGENCY LIFE SAVING DRUGS | **PH ELSD** |
| **7** | EXERCISE THERAPY IN ICU | **IPT EHT** |
| **8** | PHYSIOTHERAPY IN ORGAN TRANSPLANT | **IPT POT** |
| **9** | PRE EXAMINATION | **PRE IPT** |
| **10** | POST EXAMINATION | **POE IPT** |

**FACILITATORS**

**PT. ALEX JON**

**PT. BWANA ALOICE**

**PT. ODA MSUHA**

**PT. GEOFREY BURTON**